

**REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023
FOR
TIME TO TALK WEST BERKSHIRE**

Banks & Co Limited
Chartered Certified Accountants
1 Carnegie Road
Newbury
Berkshire
RG14 5DJ

TIME TO TALK WEST BERKSHIRE

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For The Year Ended 31 March 2023**

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TIME TO TALK WEST BERKSHIRE

REPORT OF THE TRUSTEES

For The Year Ended 31 March 2023

The trustees present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Vision, Mission and Values

Charity Number 1155235

Registered Office: Broadway House, 4-8 The Broadway, Newbury, Berkshire, RG14 1BA

Our Vision

A West Berkshire where all young people feel empowered and have the same opportunity to reach their full potential and grow up to be actively engaged in society as happy, confident and achieving adults.

Our Mission

To provide an effective quality-controlled counselling service, free at the point of delivery, for young people aged 11-25 who are resident, in education, training, working or registered with a GP in West Berkshire, which helps them deal with their specific challenges in a sustainable way.

Our Values

Listening	-	We listen
Respect	-	We treat everyone with respect
Trustworthy	-	We behave in a manner that makes us worthy of your trust
Caring	-	We care about our clients, our colleagues and our service
Quality	-	We continuously ensure our service is of the highest quality

Public benefit

In order to be able to make the required Public Benefit Statement within this Report, the Trustees considered the charity's performance and achievements against the objectives and activities set out within the CIO and the priorities set during the Annual Strategic Review.

The Trustees consider that the charity has met the Public Benefit challenge required of all charities.

ACHIEVEMENT AND PERFORMANCE

In the year under review, Time to Talk West Berkshire has supported 716 young people and parents. The number of young people on the waiting list has varied, but across the year the average number has been 73 with an average waiting time of 8.1 weeks before being seen for regular weekly sessions.

Initial assessment of clients will determine a "CORE Score" - This produces a calculation between 0 and 40, where 40 is the highest score possible and indicates the greatest level of distress. A person presenting as mentally healthy would be likely to have a score in the region of 0-12. We then measure the CORE scores during and at the end of counselling, in this way we can see the amount that the CORE score reduces, indicating a reduction in distress for that young person

The average score for our clients at the start of counselling sessions was 19.7 and the average score for our clients at the end of counselling was 13.5. The average reduction in CORE score was 6.2 because of support from Time to Talk West Berkshire. This indicates that counselling is having a significant positive impact for the majority of young people.

100 % of young people referred to our service are contacted within 2 weeks. On average there was a 1.8 week wait for assessment.

In addition to those young people and parents in counselling, we have recently introduced support via our Supported Online Mental Health programme. Young people and their parents can access the programme and work through it independently or with one of our supervised, trained supporters. With 10% already using the programme we hope to see this grow and enable our community, especially those who are psychologically curious to develop an improved psychological understanding as a preventative as well as helping mechanism.

TIME TO TALK WEST BERKSHIRE

REPORT OF THE TRUSTEES For The Year Ended 31 March 2023

FINANCIAL REVIEW

Key Strategic Priorities set by the charity during our Annual Strategic Review, were:

- o To produce an annual fundraising plan and budget in line with the strategy and pre-determined projects/deliverables
- o Secure 6-9 months non-core funding reserves as per Charity Commission guidelines
- o YOY improvement in employee engagement scores
- o Sustaining our accredited status

Funds fall into two categories:

- o Unrestricted (in that they can be used for any purpose that the Trustees deem will fit with the Charitable Objects), and
- o Restricted (in that they have been granted by Funders for specific purposes).

The Service Manager maintains financial records which are presented to the Trustees on a monthly basis so that the Trustees can determine that the charity has sufficient unrestricted and restricted Funds in order to discharge its liabilities at any point throughout the year.

Our principal funding sources for the year were from NHS Berkshire West CCG, Partnership Development Fund (PDF), the Public Health Fund (PHF), Greenham Trust and, through Service Level Agreements, with five local schools. A full list of funders can be found at the end of this report.

Specifically for grants, we received grant funds of £155,000 from 15 different funders (this includes £23,000 from CAMHS). We have received £30,000 PDF statutory funding, and we have also received £24,114 from PHF. We have received some multiple grants from funders over the year, including Greenham Trust. We also received donations totalling £61,000.

Time to Talk West Berkshire has a Reserves Policy which is reviewed annually in April or whenever there are significant changes in staff hours or numbers. Reserves must be held for the following reasons:

- o To meet contractual liabilities should the organisation have to close
- o To ensure that it can continue to provide a stable and quality service to those in need
- o To ensure that all Restricted Funding is spent in line with the Funding Agreement signed with the Funder (this is a legal requirement)

Over and above the reserves required to ensure the completion of specifically funded projects, Time to Talk West Berkshire aims to have Reserves to cover six months' running costs (nine months if possible) built up from Unrestricted (earned) income. We currently have six months reserves, although there has been an increase in the services provided which has resulted in additional running costs required. The reserves policy is currently being rebased to include these additional requirements.

Each month the Service Manager presents the Financial Status and forward projections of the charity's financial position to the Trustees so that the Trustees are reassured that the charity is operating on a sound financial basis.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

TIME TO TALK WEST BERKSHIRE

REPORT OF THE TRUSTEES

For The Year Ended 31 March 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Time to Talk West Berkshire (T2TWB) was formally registered as a CIO on 17th December 2013 but it has actually been in existence for over 30 years. The charity was originally established in 1986 by the then Newbury District Council, as the Newbury Youth Counselling & Advisory Service. With the issues and concerns that young people were bringing to NYCAS, it became apparent that the provision of counselling was the essential cornerstone of the service and a much needed form of support for young people.

Within three years it became 14:21 Time to Talk and was registered as a charity in November 1989. Over time, confusion had arisen about the name of the charity. During 2013, the Trustees, stakeholders and the confusion of major funders, led to a decision that the charity should adopt a more appropriate name. Around the same time, new legislation introduced by the Charities Act of 2006, allowed smaller charities to amend their constitution and become a Charitable Incorporated Organisation (CIO). The Trustees in post at the time of the new constitution became Trustees of the new CIO.

The objects of the CIO are to promote the mental health and emotional wellbeing of young people who are resident, in education, training, working or registered with a GP in West Berkshire by:

- o Establishing, maintaining and developing a service to provide counselling, information, advice and other support,
- o Undertaking research into young people's mental health and emotional wellbeing, and
- o Promoting awareness of, and do such other things as may combat, the underlying causes of the need for such counselling

In the year under review the Trustees of the CIO have changed as follows (all are still in post unless otherwise shown):

- o Georgina Punter
- o Elizabeth O'Keeffe
- o Paul Stratton
- o Tracy Walker-Reed
- o Tracey Leeson
- o Melissa Kilding
- o Sheelagh Brown
- o Amanada Hatcher
- o Jack Marriot (Joined Aug 2022)
- o Geoff Hogg (Joined Jan 2023)
- o Julie Carlisle (Resigned Sept 2022)
- o John Foster (Sadly Died Oct 2022)

Trustees are recruited for the skills that they can bring to the charity and the Board of Trustees. There is a recruitment process in place including our Trustee Code of Practice and are introduced to the work of the charity by attending Operations and Trustees meetings. The Trustees have designated roles and responsibilities to ensure all aspects of the charity requirements will be addressed.

The charity has five part time members of staff:

- o Davina Nicholson - Clinical Lead - whose role is to provide clinical leadership and direction to T2TWB's counsellors. She is responsible for the management of the clinical practice and quality of services and also represents T2TWB with local stakeholders and partners and to develop and sustain these relationships.
- o Tammy Willsher - Charity Service Manager - whose broad role includes day to day running of the service, management of finances and applications for grants and other funding opportunities.
- o Kate Adams - Deputy Clinical Lead - This role is to oversee the outreach and schools counselling services; she reports to Davina the Clinical Lead.
- o Judy Matthews - Administrator - Judy is responsible for our client journey; from the moment a young person is added to the waiting list until they finish their counselling with us.
- o Jackie Oliver - Data & Admin Assistant - Jackie books client assessments and helps with the day to day admin tasks involved in the service.
- o Neil Muir - SilverCloud Implementor - Neil is responsible for the implementation of our digital support programme in the community.

TIME TO TALK WEST BERKSHIRE

REPORT OF THE TRUSTEES

For The Year Ended 31 March 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

The service is delivered by approximately 30 Counsellors. Some work on a voluntary basis and some on a part paid and part voluntary basis.

Currently the counselling service operates in Broadway House and also in the following schools across West Berkshire under a Service Level Agreement with the Headteacher of each school:

- o The Downs School
- o Willink School
- o John O'Gaunt School
- o Mary Hare School
- o Calcot Primary School

We have also conducted counselling this year in Lambourn and Kintbury Primary Schools as part of a funded outreach project.

An Outreach service is also operational at Thatcham, Hungerford, Woolton Hill and Lambourn GP surgeries as a result of grants secured to support clients in rural areas.

The charity has one contract worker who works on fundraising one day per week, one contract worker, who is responsible for overseeing the service provided within the schools' SLA function (an Outreach Worker), three contract workers who provide the Supervision function for our Counsellor Volunteers in addition to the Clinical Lead (necessary to meet the criteria of the BACP), and six contract workers who act as Assessors. As well as being paid contractors for this aspect of our service, they are also volunteer counsellors in their own right.

During this year we have launched a Supported Online CBT programme, SilverCloud, aimed at helping young people and parents/carers with issues such as anxiety and low mood.

We have a team of 10 trained SilverCloud volunteer supporters and one contract worker who oversees our SilverCloud supporter team.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

1155235

Principal address

Broadway House
4 - 8 The Broadway
Newbury
Berkshire
RG14 1BA

Trustees

Elizabeth O'Keeffe
Georgina Punter
Paul Stratton
Julie Carlisle
Tracy Walker-Reed
Tracey Leeson
John Foster
Melissa Kilding
Sheelagh Brown
Amanda Hatcher

Independent Examiner

Banks & Co Limited
Chartered Certified Accountants
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TIME TO TALK WEST BERKSHIRE

**REPORT OF THE TRUSTEES
For The Year Ended 31 March 2023**

CONCLUSIONS

Time to Talk West Berkshire (T2TWB) continues to make a significant impact on the emotional well being and lives of many young people and those supporting them. As ever the last 12 months' has presented both challenges and opportunities for the organisation. T2TWB has continued to embrace digital opportunities to improve not only the efficiency and effectiveness of the service but also to have a greater visibility of the service for all stakeholders to enable reflection and insight into the opportunities and threats each areas faces.

We have introduced new and innovative ways to continue to grow our funding streams with continued increased demand as well as finding new ways of clinically supporting this need. This year T2TWB's Events and Communications teams have been particularly instrumental, growing not only our funds but also contributing to our profile within the community enabling us to attract more volunteers, trustees, staff, and clinical team members. This effort has been supported by introducing robust Customer Relationship Management (CRM) technology to not only support communications with all our stakeholders, in the short term but to also help future-proof our long-term communications strategy.

We have also continued to commit to technology to help us cope with the increased pressure from organisations like CAHMS who expect us to take on increasingly complex cases, so much so that we saw funding coming directly from this strategic partner this year which was truly fabulous. We have continued to innovate around our Supported Online Programme which means we are now able to offer additional and often more timely support to both young people and their parents. By developing other innovative options to services, we are in a better position to assist. Trustees, supported by our equally valuable Trusted Advisors, remain committed to supporting and serving the young people of West Berkshire and to the provision of high-quality counselling services.

Chair

On behalf of the Trustees of Time to Talk

Approved by order of the board of trustees on13th July 2023..... and signed on its behalf by:



.....
Georgina Punter - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
TIME TO TALK WEST BERKSHIRE**

Independent examiner's report to the trustees of Time to Talk West Berkshire

I report to the charity trustees on my examination of the accounts of Time to Talk West Berkshire (the Trust) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

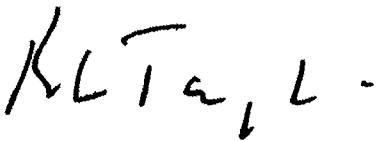
Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



R M L Taylor FCCA

Banks & Co Limited
Chartered Certified Accountants
1 Carnegie Road
Newbury
Berkshire
RG14 5DJ

Date: 13.7.2023

TIME TO TALK WEST BERKSHIRE**STATEMENT OF FINANCIAL ACTIVITIES
For The Year Ended 31 March 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	147,847	168,838	316,685	364,912
Investment income	3	391	-	391	17
Other income		-	-	-	3,491
Total		<u>148,238</u>	<u>168,838</u>	<u>317,076</u>	<u>368,420</u>
EXPENDITURE ON					
Other	4	<u>124,003</u>	<u>193,669</u>	<u>317,672</u>	<u>261,355</u>
NET INCOME/(EXPENDITURE)	4	24,235	(24,831)	(596)	107,065
RECONCILIATION OF FUNDS					
Total funds brought forward	4	<u>231,202</u>	<u>66,271</u>	<u>297,473</u>	<u>190,408</u>
TOTAL FUNDS CARRIED FORWARD	4	<u><u>255,437</u></u>	<u><u>41,440</u></u>	<u><u>296,877</u></u>	<u><u>297,473</u></u>


The notes form part of these financial statements

TIME TO TALK WEST BERKSHIRE

BALANCE SHEET
31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	9	435	-	435	458
CURRENT ASSETS					
Debtors	10	5,837	-	5,837	14,478
Cash at bank		266,704	41,440	308,144	285,772
		<u>272,541</u>	<u>41,440</u>	<u>313,981</u>	<u>300,250</u>
CREDITORS					
Amounts falling due within one year	11	(17,539)	-	(17,539)	(3,235)
NET CURRENT ASSETS					
		<u>255,002</u>	<u>41,440</u>	<u>296,442</u>	<u>297,015</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>255,437</u>	<u>41,440</u>	<u>296,877</u>	<u>297,473</u>
NET ASSETS					
		<u>255,437</u>	<u>41,440</u>	<u>296,877</u>	<u>297,473</u>
FUNDS					
Unrestricted funds	12			255,437	231,202
Restricted funds				41,440	66,271
TOTAL FUNDS					
				<u>296,877</u>	<u>297,473</u>

The financial statements were approved by the Board of Trustees and authorised for issue on13th July 2023..... and were signed on its behalf by:

.....

 Georgina Punter - Trustee

**NOTES TO THE FINANCIAL STATEMENTS
For The Year Ended 31 March 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Gift Aid

Gift aid is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings	- 25% on cost
Computer equipment	- 33% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

The charity has two unrestricted funds, General and Outreach. These can be used at the discretion of the Trustees.

The restricted funds are detailed below:

Good Exchange - Core	- Charity core costs
NHS Wokingham CCG (PDF Fund)	- Charity core costs
Greenham Trust	- Rent costs
Thatcham Outreach	- New outreach hub core costs
Public Health Fund	- Charity core costs
EBM Charitable Trust	- Clinical employment cost
Tony Metheril Charitable Trust	- Charitable core activities
Hungerford GP Outreach	- New outreach project
Parent Project	- Parent related project
Achievement for all	- Schools project
BAME	- Mental health amongst diverse communities project
Digital transformation	- Funding for case management system/Silver Cloud
Ground works Tesco	- Funding for additional counselling

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2023

1. ACCOUNTING POLICIES - continued

Fund accounting

Lottery Covid grant	- Additional counselling slots
Winter bid	- Funding for additional Covid related demand
Waterside	- Funding for additional counselling
Bernard Sunly	- Funding for counselling in primary schools
Cameron Grants	- Funding for posters in schools
CAMHS - 2022	- Funding for additional counselling
Eating Disorder	- Funding for training
Focus foundation	- Funding for specific client demographic
Lottery Waterside	- Funding for additional counselling
St James	- Funding for Thatcham counselling
Garfield Weston	- Online support programme (SilverCloud)
Peter Harrison	- Online support programme (SilverCloud)

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	61,717	106,722
Gift aid	12,509	12,737
Contract payments	66,534	57,534
Grants received	150,658	161,255
Outreach	25,267	26,664
	<u>316,685</u>	<u>364,912</u>

3. INVESTMENT INCOME

	2023	2022
	£	£
Deposit account interest	391	17
	<u>391</u>	<u>17</u>

4. OTHER

	2023	2022
	£	£
Staff costs	137,960	96,742
Rent	4,980	5,210
Insurance	1,714	1,532
Office expenses	3,151	16,006
Telephone & IT	45,219	19,308
DBS checks	2,107	972
Event fees	17,825	17,308
Contracted services	81,209	79,375
Subscriptions	443	377
Supervision	6,739	6,321
Training	1,593	2,351
Travel - Broadway House	11,428	10,739
Travel - Schools	136	483
Advertising & Marketing	428	160
Support costs	2,740	4,471
	<u>317,672</u>	<u>261,355</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2023

5. INDEPENDENT EXAMINERS' REMUNERATION

	2023	2022
	£	£
Independent examiners' remuneration	1,472	2,760
Independent examiners' remuneration - Non IE	736	1,380
	<u>2,208</u>	<u>4,140</u>

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

7. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	131,635	93,107
Social security costs	4,082	2,067
Other pension costs	2,243	1,568
	<u>137,960</u>	<u>96,742</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Part time	<u>6</u>	<u>4</u>

No employees received emoluments in excess of £60,000.

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
INCOME AND ENDOWMENTS FROM			
Donations and legacies	185,314	179,598	364,912
Investment income	17	-	17
Other income	3,491	-	3,491
Total	<u>188,822</u>	<u>179,598</u>	<u>368,420</u>
EXPENDITURE ON			
Other	<u>51,672</u>	<u>209,683</u>	<u>261,355</u>
NET INCOME/(EXPENDITURE)	137,150	(30,085)	107,065
Transfers between funds	(21,760)	21,760	-
Net movement in funds	115,390	(8,325)	107,065
RECONCILIATION OF FUNDS			
Total funds brought forward	115,812	74,596	190,408

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2023

8. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	231,202	66,271	297,473

9. TANGIBLE FIXED ASSETS

	Fixtures and fittings £	Computer equipment £	Totals £
COST			
At 1 April 2022	338	306	644
Additions	72	139	211
At 31 March 2023	410	445	855
DEPRECIATION			
At 1 April 2022	85	101	186
Charge for year	95	139	234
At 31 March 2023	180	240	420
NET BOOK VALUE			
At 31 March 2023	230	205	435
At 31 March 2022	253	205	458

10. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Other debtors	-	552
Prepayments	5,837	13,926
	5,837	14,478

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Taxation and social security	2,016	-
Other creditors	15,523	3,235
	17,539	3,235

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2023

12. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General	228,465	26,972	255,437
Outreach	2,737	(2,737)	-
	<u>231,202</u>	<u>24,235</u>	<u>255,437</u>
Restricted funds			
Good Exchange - Core	13,306	5,088	18,394
EBM Charitable trust	2,386	(2,386)	-
Tony Metherill Charitable Trust	5,729	(4,680)	1,049
Parent project	2,255	184	2,439
Winter Bid	-	6,061	6,061
Waterside	5,000	(5,000)	-
Bernard Sunley	13,765	(7,268)	6,497
Cameron Grants	1,000	(1,000)	-
Eating Disorder	7,000	-	7,000
Focus Foundation	700	(700)	-
Lottery Waterside	8,234	(8,234)	-
St James	6,896	(6,896)	-
	<u>66,271</u>	<u>(24,831)</u>	<u>41,440</u>
TOTAL FUNDS	<u>297,473</u>	<u>(596)</u>	<u>296,877</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General	120,471	(93,499)	26,972
Outreach	27,767	(30,504)	(2,737)
	<u>148,238</u>	<u>(124,003)</u>	<u>24,235</u>
Restricted funds			
Good Exchange - Core	35,289	(30,201)	5,088
NHS Wokingham CCG (PDF Fund)	30,420	(30,420)	-
Public Health Fund	24,114	(24,114)	-
EBM Charitable trust	-	(2,386)	(2,386)
Tony Metherill Charitable Trust	-	(4,680)	(4,680)
Parent project	6,563	(6,379)	184
Winter Bid	12,000	(5,939)	6,061
Waterside	-	(5,000)	(5,000)
Bernard Sunley	-	(7,268)	(7,268)
Cameron Grants	-	(1,000)	(1,000)
CAMHS - 2022	22,999	(22,999)	-
Focus Foundation	-	(700)	(700)
Digital Trans 18701	2,453	(2,453)	-
Lottery Waterside	-	(8,234)	(8,234)
St James	-	(6,896)	(6,896)
Garfield Weston	15,000	(15,000)	-
Peter Harrison	20,000	(20,000)	-
	<u>168,838</u>	<u>(193,669)</u>	<u>(24,831)</u>
TOTAL FUNDS	<u>317,076</u>	<u>(317,672)</u>	<u>(596)</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2023

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.22 £
Unrestricted funds				
General	108,778	141,385	(21,698)	228,465
Outreach	7,034	(4,235)	(62)	2,737
	<u>115,812</u>	<u>137,150</u>	<u>(21,760)</u>	<u>231,202</u>
Restricted funds				
Good Exchange - Core	35,567	(22,021)	(240)	13,306
NHS Wokingham CCG (PDF Fund)	-	162	(162)	-
Greenham Trust	74	(74)	-	-
Thatcham Outreach	4,324	(4,324)	-	-
EBM Charitable trust	17,000	(14,614)	-	2,386
Tony Metherill Charitable Trust	5,729	-	-	5,729
Hungerford GP outreach	430	(430)	-	-
Parent project	2,142	113	-	2,255
AFA	4,830	(4,668)	(162)	-
BAME	1,500	(1,500)	-	-
Digital Transformation	2,000	(2,000)	-	-
Groundworks Tesco	1,000	(1,000)	-	-
Lottery Covid Grant	-	(162)	162	-
Winter Bid	-	(162)	162	-
Waterside	-	5,000	-	5,000
Bernard Sunley	-	13,765	-	13,765
Cameron Grants	-	1,000	-	1,000
Eating Disorder	-	7,000	-	7,000
Focus Foundation	-	700	-	700
Digital Trans 18701	-	(22,000)	22,000	-
Lottery Waterside	-	8,234	-	8,234
St James	-	6,896	-	6,896
	<u>74,596</u>	<u>(30,085)</u>	<u>21,760</u>	<u>66,271</u>
TOTAL FUNDS	<u>190,408</u>	<u>107,065</u>	<u>-</u>	<u>297,473</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2023

12. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General	162,159	(20,774)	141,385
Outreach	26,663	(30,898)	(4,235)
	<u>188,822</u>	<u>(51,672)</u>	<u>137,150</u>
Restricted funds			
Good Exchange - Core	46,479	(68,500)	(22,021)
NHS Wokingham CCG (PDF Fund)	30,420	(30,258)	162
Public Health Fund	24,113	(24,113)	-
Greenham Trust	-	(74)	(74)
Thatcham Outreach	1,175	(5,499)	(4,324)
EBM Charitable trust	1	(14,615)	(14,614)
Thatcham Nurses outreach	1,000	(1,000)	-
Hungerford GP outreach	-	(430)	(430)
Parent project	3,000	(2,887)	113
AFA	-	(4,668)	(4,668)
BAME	-	(1,500)	(1,500)
Digital Transformation	-	(2,000)	(2,000)
Groundworks Tesco	2,000	(3,000)	(1,000)
Lottery Covid Grant	-	(162)	(162)
Winter Bid	-	(162)	(162)
Waterside	5,000	-	5,000
Bernard Sunley	15,000	(1,235)	13,765
Cameron Grants	1,000	-	1,000
Eating Disorder	7,000	-	7,000
Focus Foundation	700	-	700
Digital Trans 18701	11,208	(33,208)	(22,000)
18833 Rent			
	2,500	(2,500)	-
Lottery Waterside	10,001	(1,767)	8,234
Patient Organisations Recovery Fund	9,000	(9,000)	-
St James	10,001	(3,105)	6,896
	<u>179,598</u>	<u>(209,683)</u>	<u>(30,085)</u>
TOTAL FUNDS	<u><u>368,420</u></u>	<u><u>(261,355)</u></u>	<u><u>107,065</u></u>

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2023

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.21 £	Net movement in funds £	Transfers between funds £	At 31.3.23 £
Unrestricted funds				
General	108,778	168,357	(21,698)	255,437
Outreach	7,034	(6,972)	(62)	-
	<u>115,812</u>	<u>161,385</u>	<u>(21,760)</u>	<u>255,437</u>
Restricted funds				
Good Exchange - Core	35,567	(16,933)	(240)	18,394
NHS Wokingham CCG (PDF Fund)	-	162	(162)	-
Greenham Trust	74	(74)	-	-
Thatcham Outreach	4,324	(4,324)	-	-
EBM Charitable trust	17,000	(17,000)	-	-
Tony Metherill Charitable Trust	5,729	(4,680)	-	1,049
Hungerford GP outreach	430	(430)	-	-
Parent project	2,142	297	-	2,439
AFA	4,830	(4,668)	(162)	-
BAME	1,500	(1,500)	-	-
Digital Transformation	2,000	(2,000)	-	-
Groundworks Tesco	1,000	(1,000)	-	-
Lottery Covid Grant	-	(162)	162	-
Winter Bid	-	5,899	162	6,061
Bernard Sunley	-	6,497	-	6,497
Eating Disorder	-	7,000	-	7,000
Digital Trans 18701	-	(22,000)	22,000	-
	<u>74,596</u>	<u>(54,916)</u>	<u>21,760</u>	<u>41,440</u>
TOTAL FUNDS	<u>190,408</u>	<u>106,469</u>	<u>-</u>	<u>296,877</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2023

12. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General	282,630	(114,273)	168,357
Outreach	54,430	(61,402)	(6,972)
	<u>337,060</u>	<u>(175,675)</u>	<u>161,385</u>
Restricted funds			
Good Exchange - Core	81,768	(98,701)	(16,933)
NHS Wokingham CCG (PDF Fund)	60,840	(60,678)	162
Public Health Fund	48,227	(48,227)	-
Greenham Trust	-	(74)	(74)
Thatcham Outreach	1,175	(5,499)	(4,324)
EBM Charitable trust	1	(17,001)	(17,000)
Thatcham Nurses outreach	1,000	(1,000)	-
Tony Metherill Charitable Trust	-	(4,680)	(4,680)
Hungerford GP outreach	-	(430)	(430)
Parent project	9,563	(9,266)	297
AFA	-	(4,668)	(4,668)
BAME	-	(1,500)	(1,500)
Digital Transformation	-	(2,000)	(2,000)
Groundworks Tesco	2,000	(3,000)	(1,000)
Lottery Covid Grant	-	(162)	(162)
Winter Bid	12,000	(6,101)	5,899
Waterside	5,000	(5,000)	-
Bernard Sunley	15,000	(8,503)	6,497
Cameron Grants	1,000	(1,000)	-
CAMHS - 2022	22,999	(22,999)	-
Eating Disorder	7,000	-	7,000
Focus Foundation	700	(700)	-
Digital Trans 18701	13,661	(35,661)	(22,000)
18833 Rent			
	2,500	(2,500)	-
Lottery Waterside	10,001	(10,001)	-
Patient Organisations Recovery Fund	9,000	(9,000)	-
St James	10,001	(10,001)	-
Garfield Weston	15,000	(15,000)	-
Peter Harrison	20,000	(20,000)	-
	<u>348,436</u>	<u>(403,352)</u>	<u>(54,916)</u>
TOTAL FUNDS	<u>685,496</u>	<u>(579,027)</u>	<u>106,469</u>

TIME TO TALK WEST BERKSHIRE

NOTES TO THE FINANCIAL STATEMENTS - continued
For The Year Ended 31 March 2023

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

TIME TO TALK WEST BERKSHIRE**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
For The Year Ended 31 March 2023**

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	61,717	106,722
Gift aid	12,509	12,737
Contract payments	66,534	57,534
Grants received	150,658	161,255
Outreach	25,267	26,664
	<u>316,685</u>	<u>364,912</u>
Investment income		
Deposit account interest	391	17
Other income		
Other income	-	3,491
	<u>317,076</u>	<u>368,420</u>
Total incoming resources		
	317,076	368,420
EXPENDITURE		
Other		
Wages	131,635	93,107
Social security	4,082	2,067
Pensions	2,243	1,568
Rent	4,980	5,210
Insurance	1,714	1,532
Office expenses	3,151	16,006
Telephone & IT	45,219	19,308
DBS checks	2,107	972
Event fees	17,825	17,308
Contracted services	81,209	79,375
Subscriptions	443	377
Supervision	6,739	6,321
Training	1,593	2,351
Travel - Broadway House	11,428	10,739
Travel - Schools	136	483
Advertising & Marketing	428	160
	<u>314,932</u>	<u>256,884</u>
Support costs		
Management		
Fixtures and fittings	95	85
Computer equipment	139	101
	<u>234</u>	<u>186</u>
Finance		
Bank charges	298	145
Governance costs		
IE's remuneration	2,208	4,140
	<u>2,208</u>	<u>4,140</u>
Total resources expended	<u>317,672</u>	<u>261,355</u>
Net (expenditure)/income	<u>(596)</u>	<u>107,065</u>

This page does not form part of the statutory financial statements