REPORT OF THE TRUSTEES AND UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022

FOR

TIME TO TALK WEST BERKSHIRE

Banks & Co Limited Chartered Certified Accountants 1 Carnegie Road Newbury Berkshire RG14 5DJ

CONTENTS OF THE FINANCIAL STATEMENTS For The Year Ended 31 March 2022

	ı	Pag	е
Report of the Trustees	1	to	5
Independent Examiner's Report		6	
Statement of Financial Activities		7	
Balance Sheet		8	
Notes to the Financial Statements	9	to	18
Detailed Statement of Financial Activities		19	

REPORT OF THE TRUSTEES For The Year Ended 31 March 2022

The trustees present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES Vision, Mission and Values

Charity Number 1155235

Registered Office: Broadway House, 4-8 The Broadway, Newbury, Berkshire, RG14 1BA

Our Vision

A West Berkshire where all young people feel empowered and have the same opportunity to reach their full potential and grow up to be actively engaged in society as happy, confident and achieving adults.

Our Mission

To provide an effective quality-controlled counselling service, free at the point of delivery, for young people aged 11-25 who are resident, in education, training, working or registered with a GP in West Berkshire, which helps them deal with their specific challenges in a sustainable way.

Our Values

Listening - We listen

Respect - We treat everyone with respect

Trustworthy - We behave in a manner that makes us worthy of your trust
Caring - We care about our clients, our colleagues and our service
Quality - We continuously ensure our service is of the highest quality

Public benefit

In order to be able to make the required Public Benefit Statement within this Report, the Trustees considered the charity's performance and achievements against the objectives and activities set out within the CIO and the priorities set during the Annual Strategic Review.

The Trustees consider that the charity has met the Public Benefit challenge required of all charities.

ACHIEVEMENT AND PERFORMANCE

In the year under review, Time to Talk West Berkshire has supported 511 clients from our main waitlist, and a further 111 in local schools, in addition to this we have supported 24 parents. The number of young people on the waiting list has varied, but across the year the average number has been 105 with an average waiting time of 10.1 weeks before being seen for regular weekly sessions. There was a 1.4 week wait for assessment.

Initial assessment of clients will determine a "CORE Score" - This produces a calculation between 0 and 40, where 40 is the highest score possible and indicates the greatest level of distress. A person presenting as mentally healthy would be likely to have a score in the region of 0-12. We then measure the CORE scores during and at the end of counselling, in this way we can see the amount that the CORE score reduces, indicating a reduction in distress for that young person

The average score for our clients at the start of counselling sessions was 20.2 (the highest average we have ever seen) and the average score for our clients at the end of counselling was 14.7. For those young people who completed counselling with us, just over 40% had a CORE score of 12 or below (This is considered 'normal'). The average reduction in CORE score was 5.5 as a result of support from Time to Talk West Berkshire. This indicates that the counselling is having a significant positive impact in all but a very few cases.

100 % of young people referred to our service are contacted within 2 weeks.

REPORT OF THE TRUSTEES For The Year Ended 31 March 2022

FINANCIAL REVIEW

Key Strategic Priorities set by the charity during our Annual Strategic Review, were:

- To produce an annual fundraising plan and budget in line with the strategy and pre-determined projects/deliverables
- o Secure 6 months non-core funding reserves as per Charity Commission guidelines
- o YOY improvement in employee engagement scores
- Sustaining our accredited status

Funds fall into two categories:

- o Unrestricted (in that they can be used for any purpose that the Trustees deem will fit with the Charitable Objects), and
- o Restricted (in that they have been granted by Funders for specific purposes).

The Service Manager maintains financial records which are presented to the Trustees on a monthly basis so that the Trustees can determine that the charity has sufficient unrestricted and restricted Funds in order to discharge its liabilities at any point throughout the year.

Our principal funding sources for the year were from NHS Berkshire West CCG, Partnership Development Fund (PDF), the Public Health Fund (PHF), Greenham Trust and, through Service Level Agreements, with seven local schools. A full list of funders can be found at the end of this report.

Specifically for grants, we received grant funds of £191,254 from 19 different funders (this includes £30,000 PDF statutory funding). We have also received £24,114 from contract payments including PHF. We have received some multiple grants from funders over the year, including Greenham Trust. We also received donations totalling £106,718.

Time to Talk West Berkshire has a Reserves Policy which is reviewed annually in April or whenever there are significant changes in staff hours or numbers. Reserves must be held for the following reasons:

- o To meet contractual liabilities should the organisation have to close
- o To ensure that it can continue to provide a stable and quality service to those in need
- o To ensure that all Restricted Funding is spent in line with the Funding Agreement signed with the Funder (this is a legal requirement)

Over and above the reserves required to ensure the completion of specifically funded projects, Time to Talk West Berkshire aims to have Reserves to cover six months' running costs built up from Unrestricted (earned) income. We currently have six months reserves, although there has been an increase in the services provided which has resulted in additional running costs required. The reserves policy is currently being rebased to include these additional requirements.

Each month the Service Manager presents the Financial Status and forward projections of the charity's financial position to the Trustees so that the Trustees are reassured that the charity is operating on a sound financial basis.

STRUCTURE, GOVERNANCE AND MANAGEMENT Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

REPORT OF THE TRUSTEES For The Year Ended 31 March 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Time to Talk West Berkshire (T2TWB) was formally registered as a CIO on 17th December 2013 but it has actually been in existence for over 30 years. The charity was originally established in 1986 by the then Newbury District Council, as the Newbury Youth Counselling & Advisory Service. With the issues and concerns that young people were bringing to NYCAS, it became apparent that the provision of counselling was the essential cornerstone of the service and a much needed form of support for young people.

Within three years it became 14:21 Time to Talk and was registered as a charity in November 1989. Over time, confusion had arisen about the name of the charity. During 2013, the Trustees, stakeholders and the confusion of major funders, led to a decision that the charity should adopt a more appropriate name. Around the same time, new legislation introduced by the Charities Act of 2006, allowed smaller charities to amend their constitution and become a Charitable Incorporated Organisation (CIO). Trustees in post at the time of the new constitution became Trustees of the new CIO.

The objects of the CIO are to promote the mental health and emotional wellbeing of young people who are resident, in education, training, working or registered with a GP in West Berkshire by:

- Establishing, maintaining and developing a service to provide counselling, information, advice and other support.
- Undertaking research into young people's mental health and emotional wellbeing, and
- Promoting awareness of, and do such other things as may combat, the underlying causes of the need for such counselling

In the year under review the Trustees of the CIO have changed as follows (all are still in post unless otherwise shown):

- Georgina Punter (Chair Oct 2020)
- Elizabeth O'Keeffe
- Paul Stratton 0
- Julie Carlisle O
- Tracy Walker-Reed Tracey Leeson O
- 0
- John Foster n
- Melissa Kilding O
- o Sheelagh Brown
- Amanada Hatcher

Trustees are recruited for the skills that they can bring to the charity and the Board of Trustees. There is a recruitment process in place including our Trustee Code of Practice and are introduced to the work of the charity by attending Operations and Trustees meetings. The Trustees have designated roles and responsibilities to ensure all aspects of the charity requirements will be addressed.

The charity has five part time members of staff:

- Davina Nicholson Clinical Lead whose role is to provide clinical leadership and direction to T2TWB's counsellors. She is responsible for the management of the clinical practice and quality of services and also represent T2TWB with local stakeholders and partners and to develop and sustain these relationships.
- Tammy Willsher Charity Service Manager whose broad role includes day to day running of the service, management of finances and applications for grants and other funding opportunities.
- Kate Adams Deputy Clinical Lead This role is to oversee the outreach and schools counselling services; she reports to Davina the Clinical Lead.
- Judy Matthews Administrator Judy is responsible for our client journey; from the moment a young person is added to the waiting list until they finish their counselling with us.
- Jackie Oliver Data & Admin Assistant Jackie books client assessments and helps with the day to day admin tasks involved in the service.

The service is delivered by approximately 30 Counsellors. Some work on a voluntary basis and some on a part paid and part voluntary basis.

Currently the counselling service operates in Broadway House and also in the following schools across West Berkshire under a Service Level Agreement with the Headteacher of each school:

REPORT OF THE TRUSTEES For The Year Ended 31 March 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

- o Park House School
- o The Downs School
- o Willink School
- o Brookfield's School
- o John O'Gaunt School
- o Mary Hare School
- o Calcot Primary School

An Outreach service is also operational at Lambourn and Woolton Hill GP surgeries as a result of a Grant secured to support clients in rural areas.

The charity has one contract worker who works on fundraising one day per week, one contract worker, who is responsible for overseeing the service provided within the schools' SLA function (an Outreach Worker), three contract workers who provide the Supervision function for our Counsellor Volunteers in addition to the Clinical Lead (necessary to meet the criteria of the BACP), and six contract workers who act as Assessors. As well as being paid contractors for this aspect of our service, they are also volunteer counsellors in their own right.

REFERENCE AND ADMINISTRATIVE DETAILS Registered Charity number

1155235

Principal address

Broadway House 4 - 8 The Broadway Newbury Berkshire RG14 1BA

Trustees

Elizabeth O'Keeffe Georgina Punter Paul Stratton Julie Carlisle Tracy Walker-Reed Tracey Leeson John Foster Melissa Kilding Sheelagh Brown Amanda Hatcher

Independent Examiner

Banks & Co Limited Chartered Certified Accountants 1 Carnegie Road Newbury Berkshire RG14 5DJ

REPORT OF THE TRUSTEES For The Year Ended 31 March 2022

CONCLUSIONS

Time to Talk West Berkshire continues to make a significant difference to the emotional well-being and lives of many young people and those supporting them. The last 12 months has presented both challenges and opportunities for the organisation. T2TWB has continued to embrace digital opportunities to improve not only the efficiency and effectiveness of the service but also to provide greater visibility of the service for all stakeholders to enable reflection and insight into the opportunities and threats each of its areas face. One such area of the service is funding; this has been particularly helpful in light of our commitment to additional funding resource. We have also used technology to help us cope with the increased pressure from organisations like CAHMS who expect us to take on increasingly complex cases. This year has seen the launch of Silvercloud, an online emotional support tool, which means we are now able to offer additional and often more timely support to both young people and their parents. By developing other innovative options for the service, we are in a better position to assist and support the community. Trustees, supported by our equally valuable Trusted Advisors, remain committed to supporting those working and volunteering in the organisation to continue to provide high-quality counselling services for the young people of West Berkshire and their supporters.

Chair

On behalf of the Trustees of Time to Talk

Georgina Punter - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TIME TO TALK WEST BERKSHIRE

Independent examiner's report to the trustees of Time to Talk West Berkshire

I report to the charity trustees on my examination of the accounts of Time to Talk West Berkshire (the Trust) for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of $_$ which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- 2. the accounts do not accord with those records; or
- 3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

R M L Taylor FCCA Banks & Co Limited

Chartered Certified Accountants

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1 Carnegie Road Newbury

Berkshire RG14 5DJ

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STATEMENT OF FINANCIAL ACTIVITIES For The Year Ended 31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies		185,314	179,598	364,912	264,999
Investment income Other income	2	17 3,491		17 3,491	35 152
Total		188,822	179,598	368,420	265,186
EXPENDITURE ON					
Other		51,672	209,683	261,355	168,459
NET INCOME/(EXPENDITURE)		137,150	(30,085)	107,065	96,727
Transfers between funds	10	(21,760)	21,760	_	_
Net movement in funds		115,390	(8,325)	107,065	96,727
RECONCILIATION OF FUNDS					
Total funds brought forward		115,812	74,596	190,408	93,681
TOTAL FUNDS CARRIED FORWARD		231,202	66,271	297,473	190,408

BALANCE SHEET 31 March 2022

	Notes	Unrestricted funds	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS Tangible assets	7	259	199	458	-
CURRENT ASSETS Debtors Cash at bank	8	14,478 220,063	65,709	14,478 285,772	191,022
		234,541	65,709	300,250	191,022
CREDITORS Amounts falling due within one year	9	(3,598)	363	(3,235)	(614)
NET CURRENT ASSETS		230,943	66,072	297,015	190,408
TOTAL ASSETS LESS CURRENT LIABILITIES		231,202	66,271	297,473	190,408
NET ASSETS		231,202	66,271	297,473	190,408
FUNDS Unrestricted funds Restricted funds	10			231,202 66,271	115,812 74,596
TOTAL FUNDS				297,473	190,408

The financial statements were approved by the Board of Trustees and authorised for issue on ...1.2th.July.2022...... and were signed on its behalf by:

Georgina Punter - Trustee

NOTES TO THE FINANCIAL STATEMENTS For The Year Ended 31 March 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

Overall risk to operations

In common with many other charities, the outbreak of COVID-19 in the UK and the measures being taken to control its spread, have had an impact on our activities. The impact is not considered to have been significant and the charity has still managed to remain in surplus.

Following the year end, there have been no substantial developments that would affect the Charity's ability to continue its activities. The Charity has therefore determined that there are no post balance sheet events and accordingly, the financial position as at, and results of the operations for, the year ended 31 March 2022 have not been adjusted to reflect their impact.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Gift Aid

Gift aid is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Fixtures and fittings

- 25% on cost

Computer equipment

- 33% on cost

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

The charity has two unrestricted funds, General and Outreach. These can be used at the discretion of the Trustees.

The restricted funds are detailed below:

Thatcham Town Council - Office

Manager

- Office manager employment costs

Newby Trust

- Office manager employment costs

Good Exchange - Core

- Charity core costs

NHS Wokingham CCG (PDF Fund)

- Charity core costs

Page 9

continued...

NOTES TO THE FINANCIAL STATEMENTS - continued For The Year Ended 31 March 2022

ACCOUNTING POLICIES - continued 1.

Fund	accounting

Public Health Fund Greenham Trust Assessments

Supervision Thatcham Hub Pilot Project

Thatcham Outreach

Hungerford GP Outreach Parent Project

Gordon Palmer Memorial Trust Berkshire Community Fund

BAME

Winter bid

Lottery Covid grant Digital transformation

Ground works Tesco Achievement for All

- Charity core costs

- Rent costs

- Client assessments - Counsellor supervision

- Establishing the level of demand for a new center

- New outreach hub core costs Tony Metheril Charitable Trust
Hungerford GP Outroc 1 - New outreach project - Parent related project

- Anxiety project

- Online counselling project

- Mental health amongst diverse communities project

- Funding for additional Covid related demand

- Additional counselling slots

- Funding for case management system/Silver Cloud

- Funding for additional counselling

- Youth counselling project

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. **INVESTMENT INCOME**

	2022	2021
	£	£
Deposit account interest	17	35
	Web-will among the control of the co	

3. INDEPENDENT EXAMINERS' REMUNERATION

	4,140	1,754
Independent examiners' remuneration Independent examiners' remuneration - Non IE	2,760 1,380	1,130 624
	2022 £	£

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

2022

2021

NOTES TO THE FINANCIAL STATEMENTS - continued For The Year Ended 31 March 2022

5.	STAFF COSTS	

5.	STAFF COSTS		2022	2021
			£	£
	Wages and salaries		93,107	71,626
	Social security costs Other pension costs		2,067 1,568	1,515 1,211
	Other pension costs			
			96,742	74,352
	The average monthly number of employees during the year	ar was as follo	ws:	
			2022	2021
	Part time		4	5
	No employees received emoluments in excess of £60,000			
6.	COMPARATIVES FOR THE STATEMENT OF FINANCIA	L ACTIVITIES	.	
٠.		Unrestricted	Restricted	Total
		funds £	funds £	funds £
	INCOME AND ENDOWMENTS FROM	£	£	£.
	Donations and legacies	95,245	169,754	264,999
	Investment income	35	-	35
	Other income	152		152
	Total	95,432	169,754	265,186
	EXPENDITURE ON			
	Other	28,665	139,794	168,459
	NET INCOME	66,767	29,960	96,727
	RECONCILIATION OF FUNDS			
	Total funds brought forward	49,045	44,636	93,681
	TOTAL FUNDS CARRIED FORWARD	115,812	74,596 	190,408
7.	TANGIBLE FIXED ASSETS			
		Fixtures	Communitari	
		and fittings	Computer equipment	Totals
		£	£	£
	COST Additions	338	306	644
	DEPRECIATION			
	Charge for year	<u>85</u>	101	186
	NET BOOK VALUE			
	At 31 March 2022	253	205	458
	At 31 March 2021			

TOTAL FUNDS

NOTES TO THE FINANCIAL STATEMENTS - continued For The Year Ended 31 March 2022

8.	DEBTORS: AMOUNTS FALLING DUE WI	THIN ONE Y	'EAR	2022	2021
	Other debtors Prepayments			£ 552 13,926	£ - -
				14,478	-
9.	CREDITORS: AMOUNTS FALLING DUE V	VITHIN ONI	E YEAR	2022	2021
	Other creditors			£ 3,235 ———	£ 614 =====
10.	MOVEMENT IN FUNDS		Net	Transfers	
		At 1.4.21 £	movement in funds £	between funds £	At 31.3.22 <i>£</i>
	Unrestricted funds General Outreach	108,778 7,034	141,385 (4,235)	(21,698) (62)	228,465 2,737
		115,812	137,150	(21,760)	231,202
	Good Exchange - Core NHS Wokingham CCG (PDF Fund) Greenham Trust Thatcham Outreach EBM Charitable trust Tony Metherill Charitable Trust Hungerford GP outreach Parent project AFA BAME Digital Transformation Groundworks Tesco Lottery Covid Grant Winter Bid Waterside Bernard Sunley Cameron Grants Eating Disorder Focus Foundation Digital Trans 18701 Lottery Waterside	35,567 74 4,324 17,000 5,729 430 2,142 4,830 1,500 2,000 1,000	(22,021) 162 (74) (4,324) (14,614) - (430) 113 (4,668) (1,500) (2,000) (1,000) (162) (162) 5,000 13,765 1,000 7,000 700 (22,000) 8,234	(240) (162) - - - (162) - - 162 162 - - - - 22,000	13,306 2,386 5,729 - 2,255 5,000 13,765 1,000 7,000 700 - 8,234
	St James	74,596	6,896 (30,085)	21,760	66,271

190,408

107,065

297,473

NOTES TO THE FINANCIAL STATEMENTS - continued For The Year Ended 31 March 2022

10. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General	162,159	(20,774)	141,385
Outreach	26,663	(30,898)	(4,235)
	188,822	(51,672)	137,150
Restricted funds			
Good Exchange - Core	46,479	(68,500)	(22,021)
NHS Wokingham CCG (PDF Fund)	30,420	(30,258)	162
Public Health Fund	24,113	(24,113)	-
Greenham Trust	-	(74)	(74)
Thatcham Outreach	1,175	(5,499)	(4,324)
EBM Charitable trust	1	(14,615)	(14,614)
Thatcham Nurses outreach	1,000	(1,000)	
Hungerford GP outreach	· -	(430)	(430)
Parent project	3,000	(2,887)	`113 [´]
AFA	-	(4,668)	(4,668)
BAME	-	(1,500)	(1,500)
Digital Transformation	_	(2,000)	(2,000)
Groundworks Tesco	2,000	(3,000)	(1,000)
Lottery Covid Grant	· _	(162)	`(162)
Winter Bid	_	(162)	(162)
Waterside	5,000	` _′	5,000
Bernard Sunley	15,000	(1,235)	13,765
Cameron Grants	1,000		1,000
Eating Disorder	7,000	-	7,000
Focus Foundation	700	_	700
Digital Trans 18701	11,208	(33,208)	(22,000)
18833 Rent			
	2,500	(2,500)	_
Lottery Waterside	10,001	(1,767)	8,234
Patient Organisations Recovery Fund	9,000	(9,000)	-
St James	10,001	(3,105)	6,896
	179,598	(209,683)	(30,085)
TOTAL FUNDS	368,420	(261,355)	107,065

NOTES TO THE FINANCIAL STATEMENTS - continued For The Year Ended 31 March 2022

10. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

		Net	
		movement	At
	At 1.4.20	in funds	31.3.21
	£	£	£
Unrestricted funds			
General	39,489	69,289	108,778
Outreach	9,556	(2,522)	7,034
	49,045	66,767	115,812
Restricted funds			
Good Exchange - Core	16,612	18,955	35,567
Greenham Trust	51	23	74
Assessments	350	(350)	-
Berkshire Community Foundation	2,507	(2,507)	-
Thatcham Outreach	1,213	3,111	4,324
EBM Charitable trust	4,707	12,293	17,000
Thatcham Nurses outreach	1,000	(1,000)	-
Tony Metherill Charitable Trust	5,829	(100)	5,729
Hungerford GP outreach	1,966	(1,536)	430
Parent project	3,591	(1,449)	2,142
Good Exchange - Office Admin			
	6,810	(6,810)	-
AFA	-	4,830	4,830
BAME	-	1,500	1,500
Digital Transformation		2,000	2,000
Groundworks Tesco		1,000	1,000
	44,636	29,960	74,596
TOTAL FUNDS	93,681	96,727	190,408

NOTES TO THE FINANCIAL STATEMENTS - continued For The Year Ended 31 March 2022

10. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General	72,679	(3,390)	69,289
Outreach	22,753	(25,275)	(2,522)
	OF 422	(20,665)	
Restricted funds	95,432	(28,665)	66,767
Good Exchange - Core	51,224	(32,269)	18,955
NHS Wokingham CCG (PDF Fund)	29,999	(29,999)	-
Public Health Fund	24,300	(24,300)	-
Greenham Trust	5,136	(5,113)	23
Assessments	· -	` (350)	(350)
Berkshire Community Foundation	•••	(2,507)	(2,507)
Thatcham Outreach	8,326	(5,215)	3,111
EBM Charitable trust	17,000	(4,707)	12,293
Thatcham Nurses outreach	•	(1,000)	(1,000)
Tony Metherill Charitable Trust	-	(100)	(100)
Hungerford GP outreach	-	(1,536)	(1,536)
Parent project	~	(1,449)	(1,449)
Good Exchange - Office Admin			
	_	(6,810)	(6,810)
AFA	5,200	(370)	4,830
BAME	1,500	` _ ′	1,500
Digital Transformation	2,000	-	2,000
Groundworks Tesco	1,000	-	1,000
Lottery Covid Grant	17,069	(17,069)	-
Winter Bid	7,000	(7,000)	-
	169,754	(139,794)	29,960
TOTAL FUNDS	265,186	(168,459)	96,727

NOTES TO THE FINANCIAL STATEMENTS - continued For The Year Ended 31 March 2022

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.22 <i>₤</i>
Unrestricted funds				
General	39,489	210,674	(21,698)	228,465
Outreach	9,556	(6,757)	(62)	2,737
	40.045	202.017	(24.760)	224 202
Restricted funds	49,045	203,917	(21,760)	231,202
Good Exchange - Core	16,612	(3,066)	(240)	13,306
NHS Wokingham CCG (PDF Fund)	10,012	162	(162)	13,300
Greenham Trust	51	(51)	(102)	_
Assessments	350	(350)	_	_
Berkshire Community Foundation	2,507	(2,507)	_	_
Thatcham Outreach	1,213	(1,213)	_	_
EBM Charitable trust	4,707	(2,321)	_	2,386
Thatcham Nurses outreach	1,000	(1,000)	_	2,300
Tony Metherill Charitable Trust	5,829	(100)	_	5,729
Hungerford GP outreach	1,966	(1,966)	_	5,725
Parent project	3,591	(1,336)	_	2,255
Good Exchange - Office Admin	3,552	(=,000)		_,
	6,810	(6,810)	-	_
AFA	-	162	(162)	_
Lottery Covid Grant	-	(162)	162	_
Winter Bid	_	(162)	162	_
Waterside	-	5,000	_	5,000
Bernard Sunley	_	13,765	_	13,765
Cameron Grants	-	1,000	_	1,000
Eating Disorder	_	7,000	_	7,000
Focus Foundation	bres .	700	-	700
Digital Trans 18701	-	(22,000)	22,000	-
Lottery Waterside	_	8,234	· -	8,234
St James	-	6,896	-	6,896
	44,636	(125)	21,760	66,271
TOTAL FUNDS	93,681	203,792	-	297,473

NOTES TO THE FINANCIAL STATEMENTS - continued For The Year Ended 31 March 2022

10. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

University in the defenden	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds	224.020	(24.164)	210 674
General	234,838	(24,164)	210,674
Outreach	49,416	(56,173)	(6,757)
	204.254	(00.227)	202.017
Description of the second of t	284,254	(80,337)	203,917
Restricted funds	07.700	(100 700)	(2.066)
Good Exchange - Core	97,703	(100,769)	(3,066)
NHS Wokingham CCG (PDF Fund)	60,419	(60,257)	162
Public Health Fund	48,413	(48,413)	-
Greenham Trust	5,136	(5,187)	(51)
Assessments	-	(350)	(350)
Berkshire Community Foundation	-	(2,507)	(2,507)
Thatcham Outreach	9,501	(10,714)	(1,213)
EBM Charitable trust	17,001	(19,322)	(2,321)
Thatcham Nurses outreach	1,000	(2,000)	(1,000)
Tony Metherill Charitable Trust	· -	(100)	(100)
Hungerford GP outreach	_	(1,966)	(1,966)
Parent project	3,000	(4,336)	(1,336)
Good Exchange - Office Admin	5,555	(.,000)	(1,000)
Good Exchange Office Admin			
	_	(6,810)	(6,810)
AFA	5,200	(5,038)	162
BAME	1,500	(1,500)	102
·· ·-	2,000	(2,000)	
Digital Transformation			-
Groundworks Tesco	3,000	(3,000)	(1.62)
Lottery Covid Grant	17,069	(17,231)	(162)
Winter Bid	7,000	(7,162)	(162)
Waterside	5,000		5,000
Bernard Sunley	15,000	(1,235)	13,765
Cameron Grants	1,000	-	1,000
Eating Disorder	7,000	-	7,000
Focus Foundation	700		700
Digital Trans 18701	11,208	(33,208)	(22,000)
18833 Rent			
	2,500	(2,500)	-
Lottery Waterside	10,001	(1,767)	8,234
Patient Organisations Recovery Fund	9,000	(9,000)	-
St James	10,001	(3,105)	6,896
			
	349,352	(349,477)	(125)
•	•	-	
TOTAL FUNDS	633,606	(429,814)	203,792

NOTES TO THE FINANCIAL STATEMENTS - continued For The Year Ended 31 March 2022

11. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

DETAILED STATEMENT OF FINANCIAL ACTIVITIES For The Year Ended 31 March 2022

For The Year Ended 31 March 2022		
	2022	2021
	£	£
INCOME AND ENDOWMENTS		
Donations and legacies	106 700	62 402
Donations	106,722	63,493
Gift aid	12,737	29,500
Contract payments Grants received	57,534 161,255	149,254
Outreach	26,664	22,752
Outreach	20,004	
	364,912	264,999
Investment income		
Deposit account interest	17	35
Other income		
Other income	3,491	152
Total incoming resources	368,420	265,186
rotal incoming resources	300,420	205,100
EXPENDITURE		
Other		
Wages	93,107	71,626
Social security	2,067	1,515
Pensions	1,568	1,211
Rent	5,210	5,113
Insurance	1,532	1,097
Office expenses	16,006	11,863
Telephone & IT	19,308	4,777
DBS checks	972	734
Event fees	17,308	4,696
Contracted services	79,375	52,562
Subscriptions	377 6,321	788 6,556
Supervision	2,351	533
Training Travel - Broadway House	10,739	3,339
Travel - Schools	483	188
Advertising & Marketing	160	20
, and a sorring of the state of	256,884	166,618
	230,884	100,010
Support costs		
Management	0.5	
Fixtures and fittings	85	-
Computer equipment	101	
	186	-
Finance		
Bank charges	145	87
Governance costs		
IE's remuneration	4,140	1,754
Total resources expended	261,355	168,459
Net income	107,065	96,727